



WIT@Work Applied Improv for Board Success

Are you looking for a unique and effective way to enhance your Board of Directors meetings?

WIT@Work offers specialized applied improv workshops designed to transform how your board members communicate, collaborate, and lead. Our workshops, typically 90 minutes to 2 hours, can be tailored to fit your schedule, needs, and budget.



Why Applied Improv?

Applied improv builds relationships between new and existing board members by encouraging active listening, adaptability, and spontaneous collaboration, breaking down barriers and building trust through connection and play.

WIT@Work trainings are...

Engaging

Participants will actively participate in improv games and exercises focused on building skills in collaboration, communication, and creativity. Both extroverts and introverts love the workshops, and no one is put “on stage” or on the spot.

Expert-led

After each exercise there is a quick debrief:

- 1) highlighting the improv principles being rehearsed,
- 2) connecting those principles with research on effective communication and collaboration,
- 3) outlining clear next steps and new habits to apply in the workplace. One week after the workshop, participants will receive a pdf summary of the take-away points with links to further research and reading.

Fun

Improv exercises are legitimately fun, and fun matters. Fun is intrinsically valuable, but it also has tremendous value in building relationships and helping learning be engaging and memorable. The exercises are clear, simple, collaborative, and guaranteed to generate connection between participants, shared laughter, and genuine joy.

Why WIT@Work?

Confidence, creativity, and supportive collaboration: these skills help improv performers engage and make magic as they work without a script. WIT@Work uses improv-based training to help teams and organizations develop the confidence, creativity, and supportive collaboration that makes this high degree of situational adaptability possible. Washington Improv Theater is one of the largest providers of applied improv workshops in the US, with clients spanning a broad range of industries and sectors (e.g. Deloitte, PWC, Brookings, the World Bank, IMF, DOJ, NSA, EPA, Marriott, UMBC, UMD, NPR, MedStar, NIH, and the National Academy of Sciences).

Testimonials

“ I cannot thank you enough for bringing enormous value to our retreat last week. It was a profoundly meaningful and productive 2-day gathering, so believe me when I say it's high praise when I tell you your section was a favorite. Someone who'd come from NYC to the gathering – a self-proclaimed introvert – turned to me when you wrapped your workshop and said, 'That was phenomenal.' You absolutely have a winning way about you and a winning combination of fun plus useful content plus valuable take-aways. I'd hire you again in a heartbeat. And again express my gratitude to you for meeting me at my price point. ”

-Susan Paley, National Association for Corporate Directors (NACD)

“ Washington Improv Theater came to House of Ruth and provided training for our board and staff -- and I cannot rate them highly enough! They helped us with our communication skills, refreshed us on what it means to be good listeners, and entertained us all. I and my board and staff are thankful for Washington Improv Theater. ”

-Sandra Jackson, President & CEO, House of Ruth

Ready to Transform Your Board Meetings?

Contact WIT@Work today to learn more about our applied improv workshops and how we can help your Board of Directors achieve greater success.

Contact Information:

- Email: work@witdc.org

- Website (including contact form): www.witdc.org/work